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**EQUESTRIAN DOCUMENTARY, “A MIND LIKE STILL WATER,”
PREMIERS AT AMERICAN DOCUMENTARY AND ANIMATION FILM
FESTIVAL**

FAIRFIELD, Iowa, – March 16, 2020 – “A Mind Like Still Water” is a documentary film that follows two horse owners during an equestrian clinic led by The Masterson Method founder Jim Masterson and horse trainer Mark Rashid. The film will premiere at the annual American Documentary and Animation (AmDocs) Film Festival March 27, 2020 in Palm Springs, California.

Once a year, world-renowned duo, Rashid and Masterson, come together to hold a clinic in Littleton, Colorado. The documentary features participants Mindy and Linda as they learn to let go of past issues and better connect with their horses.

“Learning with your horse is remarkable experience for many participants,” Masterson said. “Not only do they build a new trust-focused relationship with their horse, but they learn about themselves and how to connect on a deeper level. It has been wonderful to team up with Mark Rashid in documenting the transformation of horse and rider.”

“A Mind Like Still Water,” directed by Dylan Silver, debuts at 1:30 p.m. PST in the Tristone Theaters. More information about AmDoc is available on the website amdocfilmfest.com. Purchase tickets for the showing of ‘A Mind Like Still Water’ [here](#).

ABOUT THE AMERICAN DOCUMENTARY AND ANIMATION FILM FESTIVAL

The American Documentary and Animation Film Festival (AmDocs) is a 501(c)(3) nonprofit entity, operating under a fiscal sponsorship of the Institute for Sustainable Infrastructure (ISI). Founder Teddy Grouya desired to create a forum to celebrate and promote documentary film and the independent filmmakers around the world who bring knowledge and awareness through their stories about real people and issues. Created in 2011, AmDocs takes place annually in Palm Springs, California, just 90 minutes east of Hollywood and with a proven track record of viewing audiences that support independent film.



In support of its commitment to further documentary film awareness and education, AmDocs carries out a variety of outreach activities, including the AmDocs Film Fund Pitch Competition. American documentary filmmakers are eligible to participate in the Pitch Competition and submit proposals to compete for financing for new projects, as well as works currently in progress. Film Funds such as this are rare in the U.S. and AmDocs is proud to be able to provide this support. Past recipients included films that went on to be shortlisted for the Oscars as well as win television's Emmy.

For more information visit amdocfilmfest.com.

ABOUT THE MASTERSON METHOD

The Masterson Method was developed by Jim Masterson after many years as a professional equine bodyworker. It is an interactive approach to equine massage in which the horse is an active participant. The practitioner learns to recognize and use the responses of the horse to their touch. Through the horse's response, the practitioner is able to locate and relieve tension in key junctions of the horse's body that most affect performance. It is something done *with* the horse, rather than *to* the horse.

Anyone can learn The Masterson Method. For horse owners, horse caregivers and equestrians, The Masterson Method can deepen the bond between horse and human. It is a significant way to improve performance, open new levels of communication and develop the horse's trust.

Countless testimonials tell the stories of horses and humans that have been forever transformed for the better by The Masterson Method. Read Masterson Method participants' testimonials [here](#).

For more information visit MastersonMethod.com.